

## IFED 2022: 62 countries and 152 cities worldwide!

Join us and participate to IFED in 2023 worldwide, We call on everyone to celebrate diversity in all its wonderful colors and forms.!

### By joining IFED you can:

Support global **advocacy** to empower rainbow families across the world to be out, proud and progress social change.

Become part of a **global community** of people committed to creating a more open and diverse society worldwide.

Join a global **network** of activists, institutions, associations and organizations exchanging ideas, information and **best practices** to promote equal rights for all families.

Becoming a **member** is easy:



Membership is open to everyone: individuals, associations, institutions, cities, companies.



Becoming a member is easy: it can be done on-line at IFED website: <https://internationalfamilyequalityday.org/become-a-member/>



Annual membership fees are flexible: you can choose how much to contribute starting from only 5 Euros, to as much you can commit to.

### More information and connections

IFED Website:

<http://www.internationalfamilyequalityday.org>

IFED Facebook:

<https://www.facebook.com/InternationalFamilyEqualityDay>

IFED Facebook Creative Network:

<https://www.facebook.com/groups/500398236747224/>

IFED Twitter:

[https://twitter.com/IFED\\_LGBT](https://twitter.com/IFED_LGBT)

Email: [info@internationalfamilyequalityday.org](mailto:info@internationalfamilyequalityday.org)

INTERNATIONAL FAMILY EQUALITY DAY  
#IFED2023

# POWERUP families!



IFED celebration in Costa Rica

**Our families can make us  
stronger, and we can make  
our families stronger.**

**SUNDAY  
7MAY  
2023**



*Celebrating the Rainbow of Families in our World*

## POWER UP FAMILIES!

Every family has its own strengths and vulnerabilities. Our families can make us stronger, and we can make our families stronger.

When we choose to support, accept, encourage, value, respect and take care of each other, we power up our families. When we share our time, goals, memories, challenges, and energies, and when we communicate openly and honestly, we power up our families. When we welcome differences and are ready to grow together, we power up our families. When we power up our families, we are powered up in return.

When our families, communities and lawmakers chose to recognize, celebrate, and equally support all different types of families, all families can thrive. We envision a world where everybody can fully develop their potential. By powering-up families, individuals and communities become stronger, happier, and more resilient.

**POWER UP FAMILIES!** Is a call to all families to meet their full potential, cultivate their strengths and celebrate their resiliency. To unite and stand-up to claim their rights, recognition, and space. To embrace and celebrate their uniqueness.



**POWER UP FAMILIES!** Is a reminder to everybody that families can only thrive when their members intentionally commit and contribute to the wellbeing of the family, care for each other, celebrate together, communicate openly, stand ready to flexibly adapt and show empathy, respect and understanding.

**POWER UP FAMILIES!** Is a call to lawmakers and our guiding institutions to provide equal support and recognition to all families. It is a call to celebrate diversity, equality and the growth and enrichment of individuals and communities.

International Family Equality Day provides a day where families can connect with each other, mobilize resources, develop alliances, and network. It is a day where we can play, grow and celebrate together.

**IFED is here to POWER UP FAMILIES!**

